

November 21 - December 26, 2010

## AfroSpice Dance Class

Company: Juri Nishio / AfroSpice

Venue: CRS (Center for Remembering & Sharing

Location: New York, NY

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Based on modern technique, this class begins with gentle stretching followed by rhythmic step exercises and choreographic combinations strongly influenced by West African and Afro Cuban dance. Using her own language Zen, Wabi Sabi with plenty of Afro spice, she conveys the message from the spirit.

Juri Nishio / AfroSpice  
123 4th Ave, 2nd FL between 12th & 13th streets  
New York, NY, 10003  
212-677-8621  
<http://clients.mindbodyonline.com/ws.asp?studioid=9493&stype=-7&sTG=33&sVT=107&s...>

### Schedule

November 21, 2010: 2:15pm

November 28, 2010: 2:15pm

December 5, 2010: 2:15pm

December 12, 2010: 2:15pm

December 19, 2010: 2:15pm

December 26, 2010: 2:15pm

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