

April, 17-18, 2021

Alexander Technique Spring Intensive

Company: Balance Arts Center

Venue: Zoom!

Location: New York, NY

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A Weekend Intensive in the Alexander Technique!

Join us for a weekend intensive to refresh and deepen your understanding and embodiment of the Alexander Technique. The Balance Arts Center faculty will guide you to a nuanced understanding of how the AT process as taught at the BAC can help you enhance every aspect of your life and art form.

Spring Intensive features include 2 Masterclasses with Ann Rodiger, 4 Breakout Sessions with participating faculty, and Private Sessions with participating faculty.

Online & In-Person participation options available.

Scholarship applications due Monday April 5th, 5pm EST.

Registration deadline is April 15th, 5pm EST.

Registration is required at: balanceartscenter.com/spring-intensive

Balance Arts Center
151 W. 30th St, 3rd Floor
New York, NY, 10001
<http://balanceartscenter.com/spring-intensive>

Schedule
April 17, 2021: 10:00am
April 18, 2021: 10:00am

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