

September 26 - October 3, 2011

Alexander Technique and Dance Improvisation - Letting the Dance Dance You

Company: Emily Faulkner/Wind-Up Dances
Venue: Balance Arts Center
Location: New York, NY

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How can your innate body/mind intelligence put you in the zone where the dance dances you? Explore AT principles and apply them to improv. Trained and untrained dancers, experienced improvisers and novices all welcome. Drop-ins welcome. Email arodiger@balanceartscenter.com in advance.

Emily Faulkner/Wind-Up Dances
114 Fulton St., Suite 3
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Schedule
September 26, 2011: 7:00pm
October 3, 2011: 7:00pm

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