

February, 23-25, 2024

BALLET WINTER INTENSIVE

Company: Berkshire Pulse
Venue: Berkshire Pulse
Location: Housatonic, MA

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BALLET WINTER INTENSIVE

With Hillary Jackson and Vincent Brewer

This intermediate-level weekend intensive will focus on ballet technique and conditioning, as well as pre/beginners pointe and variation work. Each day will begin with Vaganova floor barre and conditioning, followed by a ballet class and pointe class. Then, dancers will learn and rehearse a variation. Develop your passion for ballet while strengthening your artistry!

For ages 11 to adult; open to dancers enrolled in Ballet 2-4 and beginner/intermediate adults.

Sample schedule for the 4 hour day:

4-4:30pm / 10-10:30am Conditioning/Floor Barre

4:30-6pm / 10:30am-12pm Ballet class

6-6:30pm / 12-12:30pm Pointe Work

6:30-7pm / 12:30-1pm Dinner break

7-8pm / 1-2pm Variations

Friday, February 23 from 4-8pm

Saturday, Feb 24 from 10am-2pm

Sunday, Feb 25 from 10am-2pm

This program is \$150. Tuition assistance available.

Learn more and register here → <https://bit.ly/BP-intensives>

Berkshire Pulse
420 Park St
Housatonic, MA, 01236
413-274-6624
<https://bit.ly/BP-intensives>

Schedule
February 23, 2024: 4:00pm
February 24, 2024: 10:00am
February 25, 2024: 10:00am

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