

February 9 - March 2, 2025

## BETWEEN THE ACTS

Company: New York Theatre Ballet and 14th Street Y  
Venue: 14th Street Y  
Location: New York, NY

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Xavier Ramirez

NEW YORK THEATRE BALLET PARTNERS WITH 14TH STREET Y

AND SIROVICH CENTER FOR BALANCED LIVING FOR

"BETWEEN THE ACTS,"

FREE DANCE PROGRAMS FOR AGES 5+

Sunday Afternoons, February 9, 16, 23 & March 2

New York Theatre Ballet (NYTB) and the 14th Street Y have teamed up to present "Between the Acts," Sunday afternoons beginning February 9. Hosted by the 14th Street Y in collaboration with the Sirovich Center for Balanced Living, these one-hour programs will include accessible conversation about dance and beginner-friendly dance movement classes for teens, adults, and children ages 5 -11. No previous dance experience or dance attire is necessary. "Between the Acts" programs, held at the 14th Street Y, 344 East 14th Street at First Avenue in New York City, are scheduled for Sunday, February 9th, 16th, 23rd, and March 2nd at 2:00pm and 3:00pm.

New York Theatre Ballet offers two "Between the Acts" programs for different age cohorts at the 14th Street Y. The 2pm workshop is aimed at teens and adults 12 and over, while the 3pm workshop is geared toward children 5-11 years of age and their families. In addition to the dance movement class, both workshops will include conversations about the history of dance, costumes, and what it takes to be a professional dancer.

New York Theatre Ballet and 14th Street Y  
344 East 14th Street  
New York, NY, 10003  
: (212) 780-0800  
<https://www.14streety.org/artsandculture/upcoming-events/>

Schedule  
February 9, 2025: 2:00pm, 3:00pm  
February 16, 2025: 2:00pm, 3:00pm  
February 23, 2025: 2:00pm  
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