

January 7 - May 11, 2026

Balance Arts Center's Training Programs Online & In Person Open House

Company: Balance Arts Center
Venue: Balance Arts Center/Zoom
Location: New York, NY

► [Share](#) | [Print](#) | [Download](#)



Join the BAC's Online & In Person Open House! This 1 hour session gives you the opportunity to meet with Training Course Director Ann Rodiger, and learn about the training programs, their structure and curriculum, and the BAC's pedagogical point of view. Bring any questions you might have. We look forward to meeting you!

Training Programs Include:

Alexander Technique Teacher Training Program (1600 hour)

BAC's Visa Program (1600 hour)

Performing Artist Teacher Training Program (1600 hour)

Performing Arts Certificate (300 hour)

Free. Registration is required at balanceartscenter.com/class. This open house takes place both on Zoom and in person at the Balance Arts Center.

Balance Arts Center
151 W 30th St 3rd floor
New York, NY, 10001
646-812-5390
<http://balanceartscenter.com/class>

Schedule
January 7, 2026: 6:00pm
February 9, 2026: 6:00pm
March 9, 2026: 6:00pm
April 6, 2026: 6:00pm
May 11, 2026: 6:00pm

[< back](#)

[previous listing](#) • [next listing](#)