

August, 3-31, 2016

Barre a Terre Workshop

Company: Anabella Lenzu/DanceDrama
Venue: Peridance Capezio Center

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Todd Carroll

Barre a Terre Workshop with Anabella Lenzu @ Peridance Capezio Center?? in August!

Find your inner-strength; develop & improve alignment and technique; explore and learn how to efficiently use your body and your energy in a healthy way as instruments of your expression.

<https://anabellalenzu.wordpress.com/2016/06/20/barre-a-terre-with-anabella-lenzu/>

Anabella Lenzu/DanceDrama

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Schedule

June 21, 2016: 8:00pm

[< back](#)

[previous listing](#) • [next listing](#)