

## OUR NEW YORK CITY DANCE

May 4 - June 22, 2016

## Bartenieff Fundamentals with Alexandra Beller

Company: Alexandra Beller Venue: Spoke the Hub Location: Brooklyn, NY ► Share | Print | Download

## Bartenieff Fundamentals



photo of Toni Melaas by Steven Schreiber

Bartenieff focuses on improving body mechanics, increasing efficient movement patterns, and conditioning the body to choose the most organic functional pathway for any given movement situation.

Classes held Wednesdays 11am-12:30pm at Spoke the Hub Gowanus

No class April 27

Alexandra Beller 295 Douglass St Brooklyn, NY, 11217 http://alexandrabellerdances.org

Schedule March 16, 2016: 8:00pm

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