

December, 2-30, 2013

## Beg Ballet with Martha Chapman

Company: NYC Dance Week  
Venue: Roy Arias / 777 Studios  
Location: New York, NY

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allet classes offered via Dance Week will be based on belief that ballet technique should be taught using the possibilities and limits of a dancers frame, not by overextending the body to achieve the desired "shape," which can result in eventual injury. Anatomically correct ballet technique, ...

NYC Dance Week  
777 8th Avenue  
New York, NY, 10036  
<http://nycdanceweek.org/weekly-classes>

Schedule  
December 2, 2013: 8:00pm  
December 9, 2013: 8:00pm  
December 16, 2013: 8:00pm  
December 23, 2013: 8:00pm  
December 30, 2013: 8:00pm

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