Sunday, September 17, 2017 - Sunday, May 6, 2018

Beginner Limón Class at Peridance

Company: Limón Dance Company
Venue: Peridance Capezio Center
Location: New York, NY

Beginner-level Limón classes led by a faculty of current and former members of the Limón Dance Company and artists affiliated with the Limón aesthetic. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company
126 East 13th Street
New York, NY, 10003

Schedule
September 17, 2017: 11:30am
September 24, 2017: 11:30am
October 1, 2017: 11:30am
October 8, 2017: 11:30am
October 15, 2017: 11:30am
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