

January 24 - May 9, 2018

Body, Mind, and Image

Company: Movement Research
 Venue: MR@Gibney 280 Broadway
 Location: New York, NY

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Photo by William Glasspiegel

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January 24 - May 9 (no class March 14)

WED 4-6PM

MR@Gibney 280 Broadway

Classes will explore image work of Ideokinesis (Andre Bernard), The Thinking Body (Mabel Todd), Body-Mind Centering® (Bonnie Bainbridge Cohen) through movement improvisations, meditations, tracings and readings of philosophical/somatic/poetic writings to render qualities, textures, thought processes, movement analysis applicable to creative expression, performance, and healing modalities.

[K.J. Holmes](#) is a Brooklyn NY based dance artist/actor/singer/teacher who travels nationally and internationally teaching/performing/creating. She has collaborated extensively with Julie Carr, Simone Forti, Karen Nelson, Lisa Nelson and Image Lab, and Steve Paxton, and more recently has performed in the work of Miguel Gutierrez and the Powerful People, Xavier Le Roy, Lance Gries, Mark Dendy, Melinda Ring, and Karinne Keithley Syers. This past year, she was cast in artist Matthew Barney's new film Redoubt that was shot in Idaho in March as well as in performer/videographer Cristiane Bouger's film The Quest for Joy, collaborated with drummer Jeremy Carlstedt in their duet LIP at The Vision Jazz Festival, and continues to teach in NYC at NYU/Experimental Theatre Wing, the Juilliard School, and through Movement Research. A graduate of The School for Body-Mind Centering®, William Esper studio (Meisner acting with master teacher Terry Knickerbocker), and Satya Yoga, K.J. is currently studying to become an Ayurvedic nutritional consultant as well as continuing to develop her dance/theater/installation HIC SVNT DRACONES.

Movement Research
 280 Broadway (Enter at 53A Chambers Street)
 New York, NY, 10007
 2125980551

Schedule
 January 24, 2018: 4:00pm
 January 31, 2018: 4:00pm
 February 7, 2018: 4:00pm
 February 14, 2018: 4:00pm
 February 21, 2018: 4:00pm
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