

September 14 - December 21, 2016

Body, Mind and Image with K.J. Holmes

Company: Movement Research
Venue: Gibney Dance
Location: New York City, NY

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Body, Mind and Image with K.J. Holmes

September 14 - December 21

WED 10am-12pm

MR@Gibney280

\$14

No class November 23

Classes will explore image work of Ideokinesis (Andre Bernard), The Thinking Body (Mabel Todd), Body-Mind Centering® (Bonnie Bainbridge Cohen) through movement improvisations, meditations, tracings and readings of philosophical/somatic/poetic writings to render qualities, textures, thought processes, movement analysis applicable to creative expression, performance, and healing modalities.

K.J. Holmes: Brooklyn based independent dance artist, actor, singer exploring improvisation/theater as process and performance; studied at School for Body-Mind Centering®; William Esper Studio /Terry Knickerbocker, Satya Yoga; teaches/performs throughout the world; faculty NYU/ETW, Juilliard; collaborators Simone Forti, Image Lab, Steve Paxton; private practice in Dynamic Alignment/Re-integration.

Movement Research
280 Broadway
New York City, NY, 10007
\$14
<https://movementresearch.org/calendar>

Schedule
August 25, 2016: 8:00pm

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