

October, 2-30, 2017

## BodyTalk & Open Movement w/ Michelle Boulé

Company: Brooklyn Studios for Dance

Venue: Brooklyn Studios for Dance

Location: Brooklyn, NY

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Mondays Sept. 11-Oct. 30

6:30-8pm

\$14

The series is open to anyone who is interested in holistic health combined with a self-directed movement practice. We'll begin with a short group BodyTalk treatment for everyone present. Then we'll gather any themes from the treatment as optional prompts for an hour of open movement. This is time for everyone to move as they wish, with respect for the whole group. We'll close the session with another brief BodyTalk treatment for the group and time for questions and reflection. The BodyTalk treatments combined with movement will deepen the effects of the treatment by harmonizing our bodies' systems and setting our healing and creativity into motion. No previous experience required.

Brooklyn Studios for Dance  
210 Lafayette Avenue  
Brooklyn, NY, 11238

### Schedule

October 2, 2017: 6:30pm

October 9, 2017: 6:30pm

October 16, 2017: 6:30pm

October 23, 2017: 6:30pm

October 30, 2017: 6:30pm

[< back](#)

[previous listing](#) • [next listing](#)