

## FOR AUDIENCES

Community Calendar Volunteering

April, 3-5, 2020

## BRINGING DANCE TO OLDER ADULTS AND PEOPLE WITH DEMENTIA

Company: 92Y Harkness Dance Center Venue: 92Y Harkness Dance Center Location: New York, NY

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BRINGING DANCE TO OLDER ADULTS AND PEOPLE WITH DEMENTIA\* Guest faculty Donna Newman-Bluestein, MEd, BC-DMT, CMA, LMHC

3 Sessions, 15 hours - \$325 until March 28 / \$350 After Fri, Apr 3, 6:30pm - 9:30pm Sat, Apr 4, 12:00pm - 6:00pm Sun, Apr 5, 12:00pm - 6:00pm

Learn to engage, inspire and uplift older adults and people with dementia through dance and expressive movement.

This workshop, based on DMT teachings of pioneer Norma Canner, will present ways to structure groups sensitive to the needs and abilities of those present, to elicit self-expression, liveliness and increased socialization. Focusing on movement strengths, abilities and interactions in the present moment, the therapist creates a safe space that builds self-esteem.

MORE INFORMATION AND REGISTER HERE: https://www.92y.org/class/dance-adults-with-dementia

\*This course is fully approved by the ADTA for Alternate Route credit for R-DMT training. All Dance Therapy courses are eligible for CE hours. For further information about the ADTA, visit adta.org.

Schedule

April 3, 2020: 6:30pm

April 4, 2020: 12:00pm

92Y Harkness Dance Center 1395 Lexington Avenue New York, NY, 10128 212.415.5552 April 5, 2020: 12:00pm https://www.92y.org/class/dance-adults-with-dementia

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