

April 4 - May 30, 2020 Cabin Fever Combo with Bre and Alex

Company: The Muse Brooklyn Venue: The Muse Brooklyn Location: Brooklyn, NY ▶ Share | Print | Download



70 mins combination class to get you moving even from home: 10 min warm up, 20 mins conditioning, 20 mins handstand drills, 20 mins flexibility

Join here: https://zoom.us/j/454175261

Donations welcome via MindBody registration, Paypal (themusebrooklyn@gmail.com) and Venmo (@TheMuseBrooklyn), just please don't forget to mention the name of the class and day!

The Muse Brooklyn https://zoom.us/j/454175261 Brooklyn, NY, 11237	Schedule April 4, 2020: 2:00pm April 11, 2020: 2:00pm April 18, 2020: 2:00pm April 25, 2020: 2:00pm
	April 25, 2020: 2:00pm May 2, 2020: 2:00pm
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