

Tuesday, May 25, 2021

Catherine Kirk || The Playground NYC

Company: THE PLAYGROUND NYC
Venue: Gibney
Location: New York, NY

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PC: WHITNEY BROWNE

Catherine Kirk

Neighborhood Outdoor Meetups

Tuesday, 05/25 || 4:00-5:00PM

Bedstuy, Brooklyn NY

Register at Gibney and receive additional details.

Cost: \$5

The Playground NYC allows dancers to experience various choreographic styles and ideas, engage with a new community of dancers, and gather resourceful information and inspiration from the array of choreographers involved. In turn, established choreographers are paid for their creative investigations, are given free space to explore new movement with professional dancers, and are provided with the opportunity to establish relationships with new dancers and fellow choreographers.

Bio:

Catherine Kirk is a multi-hyphenate artist, yoga teacher, arts and wellness advocate, and a digital content creator and manager. As a performer and choreographer with a BFA in Dance from New York University and a RYT 200 hr certification from The Perri Institute for Mind and Body, Catherine has spent close to a decade using her studies to inform new choices and create sharable practices. Catherine maintains a relationship with body and movement that evolves into artistry, self-expression, holistic health, and teaching. She centers her work around grounding self-identity, deepening senses of community, and empowering practices of advocacy and radical liberation. Catherine's class offerings ask for deep listening of the knowledge our bodies hold. Anatomical healthy and safety are foundational to her awareness as a teacher which creates more room for physical comfort and discovery to enter the varying and spirited movement practices you will explore.

THE PLAYGROUND NYC
280 Broadway, Entrance 53A Chambers Street
New York, NY, 10007
<https://clients.mindbodyonline.com/classic/ws?studioid=31459&stype=-7&sView=day&sLoc=0&sTrn=100000164&date=05/25/21>

Schedule
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