

Saturday, December 13, 2025 - Saturday, May 2, 2026

## Children's Access Workshops

Company: New York City Ballet  
Venue: New York City Ballet Rehearsal Studios  
Location: New York , NY

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Rosalie O'Connor

Join the artists of New York City Ballet in these movement workshops designed especially for children with physical disabilities and movement challenges.

During these one-hour movement workshops, NYCB Dancers will guide young movers of all abilities in a ballet-based warm-up and choreography inspired by some of the ballets being performed through the season. Children will be partnered with volunteer medical/PT/OT students who will provide support during the event, and modifications, including standing and seated movement options, will be offered.

Intended for children with Cerebral Palsy, Dystonia, Spina Bifida, SMA, and other physical disabilities. No prior dance experience is necessary and siblings are encouraged to participate.

### TICKET PRICING

\$8 per participating child. If ticket price is a barrier, please do not hesitate to contact us at [education@nycballet.com](mailto:education@nycballet.com). Please note that accompanying family members/caretakers do not need a ticket to attend.

### ATTIRE

Clothing that is comfortable to move in. Ballet shoes, sneakers, socks are optional.

New York City Ballet  
Samuel B. & David Rose Building, 7th Floor 165 West 65th Street  
between Broadway and Amsterdam  
New York , NY, 10023  
212-496-0600  
<https://www.nycballet.com/educate/access-programs/childrens-access-workshops>

Schedule  
December 13, 2025: 11:00am  
January 24, 2026: 11:00am  
May 2, 2026: 11:00pm

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