

Sunday, February 8, 2026

Community Movement Class

Company: DIY (Dance Infused Yoga)

Venue: Ballet Academy East

Location: New York, NY

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Dance Infused Yoga is a fun, community-centered class blending the energy of dance with the mindfulness of yoga. Open to all levels, this DIY-style experience is about moving freely, trying something new, and connecting with others—no pressure, just good vibes. If you're looking to have fun, move your body, and maybe make a new friend, this class is for you! 🌟

Sign up for class on Classpass or LUMA:

<https://luma.com/danceinfusedyoga>

DIY (Dance Infused Yoga)

1651 3rd Ave 3rd Floor

New York, NY, 10128

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<https://luma.com/danceinfusedyoga>

Schedule

February 8, 2026: 9:00am

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