

OUR NEW YORK CITY DANCE

July, 1-29, 2015

Contact Improvisation

Company: Movement Research Venue: Eden's Expressway Location: New York, NY ► <u>Share | Print | Download</u>

Contact Improvisation is a partnering dance form. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling all help one move with and through gravity, share weight in motion, and use momentum and flow in physical contact. These weekly classes, open to people of all levels of movement experience, are informed by the individual artist faculty.

Movement Research 537 Broadway New York, NY, 10012 \$14

Schedule June 3, 2015: 8:00pm

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