

February, 5-26, 2014

Contact Improvisation - Elise Knudson

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling all help one move with and through gravity, share weight in motion, and use momentum and flow in physical contact. WED 6-8:30pm. Classes are \$14 each.

Movement Research

537 Broadway, 4th Floor

New York, NY, 10012

<http://www.movementresearch.org/classesworkshops/calendar/index.php>

Schedule

February 5, 2014: 6:00pm

February 12, 2014: 6:00pm

February 19, 2014: 6:00pm

February 26, 2014: 6:00pm

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