Thursday, September 12, 2019 - Thursday, February 27, 2020

Contact Improvisation-The Basics

Company: Movement Research
Venue: Gibney Dance
Location: New York, NY

Daim Lee

CONTACT IMPROVISATION-THE BASICS

THUR 6-8pm

Gibney Dance at 280 Broadway

Contact Improvisation, initiated by dancer Steve Paxton in 1972, is a partnering dance form that plays with the physics between bodies and gravity. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling all help one move with and through gravity, share weight in motion, and use momentum and flow in physical contact. These weekly classes, open to people of all levels of movement experience, are informed by the individual artist faculty.

The Basics is an introductory class for those with little to no experience with Contact Improvisation or those who would like to revisit the basics.

Accessibility: Please contact Julienne Rencher, juliennerencher@movementresearch.org or (212) 598-0551 (voice only) for access requests or questions.

***All classes are subject to change. For the most up-to-date information, please consult the Movement Research Calendar:* https://movementresearch.org/calendar.

Movement Research
280 Broadway
New York, NY, 10007

Schedule
September 12, 2019: 6:00pm
September 19, 2019: 6:00pm
September 26, 2019: 6:00pm
October 3, 2019: 6:00pm
October 10, 2019: 6:00pm
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