

September 15 - October 13, 2021

Contemporary with Jana Hicks

Company: Peridance Center
Venue: Peridance Center
Location: New York, NY

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PERIDANCE OPEN CLASSES

CONTEMPORARY

with

**JANA
HICKS**



Wednesdays & Fridays
Intermediate Level * HYBRID
2:45 - 4:15 pm ET

Online \$15 // In-Studio \$23 // Register at [Peridance.com](#)

Wednesdays | Intermediate Level Contemporary

2:45 PM - 4:15 PM | Hybrid Online & In-Studio!

Fridays | Intermediate Level Contemporary

2:45 PM - 4:15 PM | Hybrid Online & In-Studio!

ABOUT JANA HICKS:

Jana Hicks, a native of Texas, holds a BFA in dance from SMU and performed with a variety of companies and choreographers including Max Stone and The Kevin Wynn Collection. She is currently Co-Artistic Director of The Next Stage Project and has taught and choreographed for over 30 years in the US and abroad. Jana teaches Contemporary Dance at Peridance Center and Yoga at Now Yoga.

CLASS DESCRIPTION:

Intermediate & Intermediate/Advanced Contemporary - Jana's class can be described as highly physical and technical. The warm up focuses on the body as a whole and in motion, with emphasis on building strong technique as a base to support freedom in any style of dance. Her movement phrases can be fast and percussive or lyrical and fluid, but always technically challenging. Her philosophy: dancers will improve technically and grow artistically when given proper guidance and the freedom to express their unique individuality.

Peridance Center
126 East 13th Street
New York, NY, 10003
2125050886
<http://www.peridance.com>

Schedule
September 15, 2021: 2:45pm
September 17, 2021: 2:45pm
September 22, 2021: 2:45pm
September 24, 2021: 2:45pm
September 29, 2021: 2:45pm
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