

FOR AUDIENCES

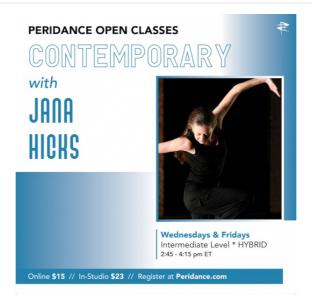
Community Calendar

Volunteerina

September 15 - October 13, 2021

Contemporary with Jana Hicks

Company: Peridance Center Venue: Peridance Center Location: New York, NY ► Share | Print | Download



Wednesdays | Intermediate Level Contemporary

2:45 PM - 4:15 PM | Hybrid Online & In-Studio!

Fridays | Intermediate Level Contemporary

2:45 PM - 4:15 PM | Hybrid Online & In-Studio!

ABOUT JANA HICKS:

Jana Hicks, a native of Texas, holds a BFA in dance from SMU and performed with a variety of companies and choreographers including Max Stone and The Kevin Wynn Collection. She is currently Co- Artistic Director of The Next Stage Project and has taught and choreographed for over 30 years in the US and abroad. Jana teaches Contemporary Dance at Peridance Center and Yoga at Now Yoga.

CLASS DESCRIPTION:

Intermediate & Intermediate/Advanced Contemporary - Jana's class can be described as highly physical and technical. The warm up focuses on the body as a whole and in motion, with emphasis on building strong technique as a base to support freedom in any style of dance. Her movement phrases can be fast and percussive or lyrical and fluid, but always technically challenging. Her philosophy: dancers will improve technically and grow artistically when given proper guidance and the freedom to express their unique individuality.

Peridance Center 126 East 13th Street New York, NY, 10003 2125050886 http://www.peridance.com Schedule September 15, 2021: 2:45pm September 17, 2021: 2:45pm September 22, 2021: 2:45pm September 24, 2021: 2:45pm September 29, 2021: 2:45pm more