

Saturday, February 22, 2025

DANCE FOR EVERY BODY: Celebrating Black History Month

Company: Urban Bush Women in partnership with Mark Morris Dance Center

Venue: Mark Morris Dance Center

Location: Brooklyn, NY

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Skill Level: All-Level Community Class (no experience through pre-professional)

Age: Intergenerational, Family Class

Price: \$12 per Adult, \$10 for children (ages 13 and under, must be accompanied by an adult)

Celebrate Black History Month at the Mark Morris Dance Center in collaboration with Urban Bush Women!

This movement jam/dance class embraces the ideas that each individual has a unique and powerful contribution to make, and that our bodies are a powerful source of agency. The goal is for "every body" to find their level of challenge and comfort and partake according to their abilities, and to appreciate the groups' diversity as an attribute to their community. This is a movement class designed for the community so no prior dance experience is needed. Participants explore UBW's technique with close attention to the use of breath, weight, call and response and polyrhythm.

[REGISTER NOW](#)

Urban Bush Women in partnership with Mark Morris Dance Center

3 Lafayette Ave

Brooklyn, NY, 11217

<https://markmorrisdancegroup.org/classes/urban-bush-women-dance-for-everybody/>

Schedule

February 22, 2025: 2:30pm

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