

October 22 - November 2, 2012

DD Dorvillier - A morning thing

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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Some daily practice in the morning, to wake up, or feel up, or tender up, or just get into your day, or your week, or your/our entire future. A little different every day, warming up with some SRT-based, fake MB-based, semi-aerobics, ballet, and mofongo yoga. M W F 10am-12pm. Classes are \$14 each.

Movement Research

537 Broadway (between Prince & Spring Streets) 4th Floor
New York, NY

Schedule

October 22, 2012: 10:00am

October 24, 2012: 10:00am

October 26, 2012: 10:00am

October 29, 2012: 10:00am

October 31, 2012: 10:00am

November 2, 2012: 10:00am

[< back](#)

[previous listing](#) • [next listing](#)