

October, 12-14, 2018

## DEL Essentials Workshop

Company: Jacob's Pillow

Venue: Jacob's Pillow

Location: Becket, MA

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John Suhar

October 12-14 | DEL Essentials Workshop

Led by DEL Founding Faculty Ann Biddle and assisted by Felice Santorelli, DEL Facilitator.

What inspires children and teens to dance and learn dance? What do they need and how can dance fulfill those needs? The DEL Essentials course is an introductory course that provides an overview of the key components of the DEL model of teaching dance to children and teenagers. The DEL environment encourages active movement participation, collaborative choreography, performance, discussion, observation, and reflection. DEL Essentials embraces multiple perspectives and is designed to meet the unique needs of each participant. Participants will explore and investigate the following content areas in this course:

- Overview of the DEL Model
- Rationale for Dance Education for children & teens
- History of Rudolph Laban
- Applied Laban Movement Analysis (body, effort, space, relationship)
- Movement Sentence
- Choreography & LMA
- DEL Lesson Plan format
- Making connections to other disciplines
- Developmental benchmarks of children and teens
- Effective teaching strategies
- Introduction to State and National Dance Standards
- Resources for dance educators

Time: Friday, Oct 12, 5-8pm; Saturday, Oct 13, 9am-5pm & 6-8pm; Sunday, Oct 14, 9:30am-4:30pm

Fees: \$375 with housing, \$275 without housing (both packages include seven workshop hours, meals, and Pillow programming) *For ages 18+, no prior dance experience required*

Jacob's Pillow  
358 George Carter Rd  
Becket, MA, 01223  
413.243.9919  
<https://www.jacobspillow.org/programs/dance-education-laboratory-at-jacobs-pillow/>

Schedule  
October 12, 2018: 5:00pm  
October 13, 2018: 9:00am  
October 14, 2018: 9:30am

[< back](#)

[previous listing](#) • [next listing](#)