

June, 16-22, 2014

DEL JUNE INTENSIVE: Anatomy and Kinesiology for the Dancer

Company: 92Y Dance Education Laboratory (DEL)

Venue: 92nd Street Y

Location: New York, NY

► [Share](#) | [Print](#) | [Download](#)



JUNE INTENSIVE: Anatomy and Kinesiology for the Dancer

Leigh Heflin & guests from the Harkness Center for Dance Injuries

Apply kinesiological principles and functional anatomy to your dance practice. Build foundational knowledge on the biological, psychosocial and environmental factors that influence a dancer's current and future health. Explore the musculoskeletal system, common dance injuries, injury prevention, and conditioning for the dancer of all ages and levels of participation. Integrate your knowledge to produce efficient movement strategies for students.

MON-THU, JUN 16-19, 6-9 PM, SAT-SUN, JUN 21-22, 1:30-5:30 PM, \$375 UNTIL JUN 9, \$400 AFTER

<http://danceeducationlaboratory.com/classes/workshops-intensives>

To register, email Megan Doyle: mdoyle@92Y.org

92Y Dance Education Laboratory (DEL)

1395 Lexington Ave

New York, NY, 10128

212.415.5551

<http://www.92y.org/Class/Anatomy-Kinesiology-for-the-Dancer.aspx>

Schedule

June 16, 2014: 6:00pm

June 17, 2014: 6:00pm

June 18, 2014: 6:00pm

June 19, 2014: 6:00pm

June 21, 2014: 1:30pm

June 22, 2014: 1:30pm

[< back](#)

[previous listing](#) • [next listing](#)