

June 19 - July 12, 2020

Dance Theater Mentorship Program

Company: Anabella Lenzu/DanceDrama
 Venue: ZOOM
 Location: Brooklyn, NY

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Anabella lenzu

Dance Theater

ONLINE MENTORSHIP PROGRAM

FACULTY: ANABELLA LENZU

Expand your craft, technique, and creativity with personalized tailored workshops via ZOOM

I am very pleased to offer this mentorship opportunity and share my 30 years of experience and knowledge as a teacher, choreographer, and dancer.

Besides your personal growth, this will be a unique opportunity to connect with other international artists working with deep intensity and strong vision.

With Love and Gratitude, Anabella

DANCE-THEATER WORKSHOP

Sundays, July 12, 19 & 26, 2020

11am-2pm New York Time- EDT

12pm-3pm Argentina & Brazil

5pm-8pm European Countries- CEST

Description: This workshop is dedicated to exploring the connection between the body, voice, and self to deepen performance practice. It is open to dancers who want to investigate voice, text, and movement; to actors who desire to explore movement and physicality; and performers of all backgrounds who want to deepen their performance practice.

This workshop explores the principle: Motion Creates Emotion / Emotion Creates Motion. The emphasis is on the journey rather than the destination, on understanding the impulses generated by movements and gestures.

The workshop will incorporate vocal production to understand how the voice and body are integrated into a healthy, expressive whole. Exercises in text, partnering, and theatre games will free uninhibited theatrical expression. Whether a seasoned or early-career performer, this workshop will leave actors and dancers with new confidence and inspiration in their performance practice.

ALL CLASSES VIA ZOOM.

I WILL PROVIDE INDIVIDUAL ATTENTION, FEEDBACK, AND GUIDANCE FOR EACH INDIVIDUAL, WHICH IS WHY ALL PARTICIPANTS NEED TO BE PRE-REGISTERED. NO SINGLE CLASSES ARE ALLOWED. EACH PARTICIPANT NEEDS TO REGISTER FOR THE ENTIRE LENGTH OF THE COURSE, SO I WILL BE ABLE TO DEDICATE MYSELF INTENSIVELY TO THE PROGRESS OF EACH ARTIST. THEORETICAL MATERIAL IS INCLUDED.

CLASS SIZE IS LIMITED TO 10 STUDENTS PER WORKSHOP. TO APPLY: PLEASE SEND A COVER LETTER EXPLAINING WHY YOU ARE INTERESTED IN PARTICIPATING AND YOUR RESUME TO INFO@ANABELLALENZU.COM BY JULY 1, 2020. PLEASE DESIGNATE WHAT WORKSHOP YOU ARE INTERESTED IN.

THE COST OF EACH WORKSHOP IS \$150 PER PERSON. \$50 DISCOUNT WHEN TAKING BOTH WORKSHOPS

NOTE: AT THE END OF EACH WORKSHOP YOU WILL RECEIVE A CERTIFICATE OF COMPLETION.

Anabella Lenzu/DanceDrama

Brooklyn, NY, 11211

<https://www.anabellalenzu.com/workshops>

Schedule

June 19, 2020: 11:00am

June 26, 2020: 11:00am

July 12, 2020: 11:00am

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