

Monday, January 11, 2021

## Dance as Therapy

Company: The National Arts Club

Venue: Online event

Location: New York, NY

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92Y

Discover how dance and movement are used as psychotherapy. Dr. Miriam Roskin Berger; Director of Dance Therapy at the 92Y; and Cecilia Fontanesi, PhD; a dancer, movement therapist, dance teacher, and researcher; share ways to observe movement through the therapeutic lens inherent in dance therapy and also share some interactive movement experiences with you to illuminate the basic processes of dance therapy.

This free online program is presented by The National Arts Club.

The National Arts Club  
15 Gramercy Park S  
New York, NY, 10003  
<https://www.eventbrite.com/e/131399225621>

Schedule  
January 11, 2021: 6:00pm

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