

May 4 - August 1, 2024

Dancers of Color- Beauty and Body Image Support Group

Company: Rebecca Brown, LCSW
Location: Brooklyn, NY

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- Connect & dialogue.
- Shared experiences.
- Navigating Eurocentric body and beauty standards.
- Unpack effects on dance & performance experiences.



For Women of Color in NYS & FL
Inquire For Details

- Redefine and embrace your beauty.
- Support and uplift each other.
- Collaborate.
- Advocate for change and inclusivity in your dance community.

Support group for women dancers of color who:

- Are interested in a safe space to connect and dialogue about shared concerns of navigating Eurocentric body and beauty standards
- Want to unpack how their dance or performance experiences have been affected by this.
- Want to explore ways to feel uplifted and support in feeling empowered within your own beauty.
- Want to collaborate and share possible ways to advocate for change and inclusivity in your dance community

PLEASE NOTE: This will be a group over a series of weeks. Time/Days are TBD

Contact rbrowns@gmail.com for more information.

This group is facilitated by a psychotherapist

Feel free to share!

Rebecca Brown, LCSW
Virtual 1B
Brooklyn, NY, 11229
<https://www.rbrownpsychotherapy.com/current-groups>

Schedule
May 4, 2024: 7:00pm
June 1, 2024: 7:00pm
July 7, 2024: 8:00pm
August 1, 2024: 8:00pm

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