April, 6-30, 2020

Dances For A Variable Population: Remote Zoom Classes

Company: Dances For A Variable Population
Venue: Zoom
Location: New York, NY

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Join our DVP Teaching Artists as they guide you through 1-hr adapted classes for this online platform: MOVEMENT SPEAKS® , Basic Fitness, Modern Dance For Life, and Cardio Dance Party

To access links to classes, visit our website: http://www.dvpnyc.org/on-line-zoom-classes/

Call our TECHNICAL HOTLINE if you need any additional support 920-659-5715.

Focused on inspiring strong and creative movement among adults of all ages and abilities, our free programs are the heart of Dances For A Variable Population's work. Based on the core values of appreciating one's own body and moving with other people, the programs promote greater mobility, self-confidence, physical awareness, social interaction, expressiveness in movement, and a greater sense of meaning. We start by acknowledging each individual's history and take each participant forward from that place.

Dances For A Variable Population
Online!
New York, NY, 10027

Schedule
April 6, 2020: 10:00am, 12:00pm, 1:30pm
April 7, 2020: 10:00am, 1:30pm
more

< back

previous listing • next listing