

## OUR NEW YORK CITY DANCE

Tuesday, January 4, 2011

## Donation-Based BALLET with Laura

Company: Liberated Movement TM Venue: Battery Dance Studio Location: New York, NY

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Ballet with Laura branches off from the sometimes rigidness of classical ballet and brings you into the realm of what dance should be for everyone: an expressive, freeing, enjoyable experience. Warm-up and floor work consist of a series of stretches and exercises designed to build technique.

Liberated Movement TM 380 Broadway 5th Floor New York, NY, 10013 http://www.libertaedmovement.com

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