

Thursday, October 20, 2016

Donation Based Contemporary with Grazia Capri

Company: Dance to the People
Venue: BAX | Brooklyn Arts Exchange
Location: Brooklyn, NY

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BAX | BROOKLYN ARTS EXCHANGE PROVIDES A HOME FOR DANCE TO THE PEOPLE TO CURATE A SERIES OF DONATION-BASED OPEN ADULT CLASSES EVERY THURSDAY 7-9PM, SEPTEMBER 29-NOVEMBER 17, 2016

CONTEMPORARY DANCE WITH GRAZIA CAPRI
OCTOBER 20 2016, 7-9PM
SUGGESTED DONATION \$8 OR PAY WHAT YOU CAN
BROOKLYN ARTS EXCHANGE

Class description

This class focuses mainly on the dancer's relationship with the floor. The class utilizes simple movement patterns that involve breathing, speed and the release of energy throughout the body in order to activate the relationship between the center and the joints, moving in and out of the ground more efficiently by maintaining a centered state. We also working the alignments and the fundamentals of the movement in dance with a conscious breath. My knowledge in functionality and analysis of movement and anatomy and my experience as a dance and yoga teacher give me opportunity to work movement from inside leverages, to expand the body to outside in relationship with the space. The class includes movement phrases and some elements of composition.

Experience required for the participants

Class is suitable for all with a physical work background

Goals for participants

We learn how to analyze movement with the tools of weight, shape, space, rhythm and time. We remove all artificial affectations, leaving just the pure physical architecture of the body.

Goals for teacher

As a teacher my goal is to use my experience and knowledge to create a stimulating interest about movement, space and creative expression of the body, in a safe and joyful way.

ABOUT GRAZIA

Grazia Capri is a performer and choreographer of Italian roots. She lived and worked in several European cities including Brussels, London, Berlin and Paris. She holds a Master's degree in Performing Arts from The University of Bologna (Italy) and a Professional Master's degree in Benesh Movement Notation (analysis and functionality of the movement) from the National Superior Conservatory of Dance and Music of Paris. Trained in ballet, but also in the more significant contemporary dance techniques at the International Dancer's Center in Rome and at the La Raffinerie, Brussels.

Throughout her career, Grazia has worked with many contemporary choreographers such as Milena Zullo, Alessandra Luberti, Luca Bruni, Boris Tonin, Danzacompania, Mark Baldwin (Teatro dell'Opera di Roma), Balletto di Sardegna, Patricia Alzetta amongst others.

In 2008 Grazia establish her company in Paris. Her performances have been well appreciated in venues and Festivals in Europe and USA such as Clarence Mews London, C.A.P 05 deviAZION Festival Italy, Bodied Spaces Festival Art Gallery Berlin, Mains d'Oeuvres Paris, Le Studio Le Regarde du Cygne Paris, Fringe Festival Edinburgh, Journee Nomades Festival, Paris, Chashama space New York, Dança em Foco International Festival of Video Dance, Rio de Janeiro. Grazia is also a certified 500h yoga teacher by YogaWorks, New York.

ABOUT THIS SERIES

This series is geared towards the professional development of dance teachers, and as a mean to offer affordable training for the dance community.

This series is a part of the CREATING SPACE Program. Funded in large part by the Lambent Foundation Fund of Tides Foundation, the CREATING SPACE Program provides opportunities to support and develop artists of all races, backgrounds, cultures, sexual orientations,

gender identities and aesthetic traditions.

Dance to the People
421 5th Ave
Brooklyn, NY, 11215
<http://www.dancetothepeople.org/grazia-capri.html>

Schedule
October 20, 2016: 7:00pm

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