

Sunday, December 7, 2025

FREE Performing Arts Therapy Panel & Workshop

Company: Quadrant International Art Association
Venue: FiDi Creatives
Location: New York City, NY

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The Art of Healing: Breath. Body. Story.
How do movement and theater steady the nervous system and reconnect us with one another?

Join QIAA's Performing Arts Therapy Panel & Workshop 002
An evening of conversation, live demonstrations, workshops, Q&A and gentle creative practices led by performing arts professionals.

Dec 7, 2025 (Sun)
4:00–6:00 PM

with following FREE performance salon at 7pm–9pm
Address: FiDi Creatives, 106 Fulton St 3rd Floor, NYC

<https://www.eventbrite.com/e/art-therapythe-art-of-healing-dialogues-in-music-movement-and-memory-tickets-1936229196649?aff=ebdssbdestsearch>

Practice-based. Trauma-aware. Move together.
Right here — where bodies make meaning together.

Use code: GUESTS for free tickets! (limited 5)

Quadrant International Art Association
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New York City, NY, 10038
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Schedule
December 7, 2025: 4:00pm

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