

Wednesday, May 20, 2020

Flying Low with Tahimy, Boston Dance Theater

Company: Boston Dance Theater

Venue: Zoom

Location: Boston, MA

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All levels welcome! Must register IN ADVANCE in order to receive Zoom link: <https://www.bostondancetheater.com/online>

All Boston Dance Theater online classes and online events are FREE. A suggested \$5 donation to support our teachers can be made via Venmo (@Jessie-Jeanne) or PayPal (director@bostondancetheater.com).

CLASS DESCRIPTION: This class will begin upright and will make its way down to the ground. Together we will find mobility and flexibility throughout our body to prepare us to launch in and out of the floor. Generous room space is preferable, but certainly not required. Creative adjustments are always encouraged during these times. a??

Boston Dance Theater
n/a
Boston, MA, n/a

Schedule
May 20, 2020: 1:00pm

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