

June, 13-19, 2016

## Functional Anatomy and Kinesiology for Dance Education

Company: 92Y Dance Education Laboratory (DEL)

Venue: 92nd Street Y

Location: New York, NY

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Harkness Center for Dance Injury Prevention

Leigh Heflin & Guests from the Harkness Center for Dance Injuries

Apply kinesiological principles and functional anatomy to your dance practice. Build foundational knowledge on the biological, psychosocial, and environmental factors that influence a dancer's current and future health. Explore the musculoskeletal system, common dance injuries, injury prevention, and conditioning for the dancer of all ages and levels of participation. Integrate your knowledge to produce efficient movement strategies for students.

MON-THU, JUN 13-16, 2016

6:30-9:30PM

SAT-SUN, JUN 18-19, 2016

1:30-5:30PM

\$375 until Jun 6 | \$400 after

92Y Dance Education Laboratory (DEL)

1395 Lexington Ave

New York, NY, 10128

<http://www.92y.org/Class/Anatomy-Kinesiology-for-the-Dancer.aspx>

Schedule

June 13, 2016: 6:00pm

June 14, 2016: 6:00pm

June 15, 2016: 6:00pm

June 16, 2016: 6:00pm

June 18, 2016: 1:30pm

June 19, 2016: 1:30pm

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