

September 2 - December 30, 2014

Gibney Dance goes Gaga for Gaga!

Company: Gibney Dance at 280 Broadway
Venue: Gibney Dance
Location: New York, NY

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Gibney Dance is excited to now be offering Gaga classes at our 280 Broadway location. Gaga/people will be offered every Friday from 6:45-7:45 pm and Gaga/dancers will be offered every Tuesday from 6:45-8:00 pm.

Gaga is a new way of gaining knowledge and self-awareness through your body. Gaga provides a framework for discovering and strengthening your body and adding flexibility, stamina, and agility while lightening the senses and imagination. Gaga raises awareness of physical weaknesses, awakens numb areas, exposes physical fixations, and offers ways for their elimination. The work improves instinctive movement and connects conscious and unconscious movement, and it allows for an experience of freedom and pleasure in a simple way, in a pleasant space, in comfortable clothes, accompanied by music, each person with himself and others.

Gibney Dance at 280 Broadway
280 Broadway Entrance at 53 Chambers
New York, NY, 10007

Schedule
August 29, 2014: 8:00pm

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