

June, 2-20, 2014

## Humphrey-Limón exploration workshop w/ Betty Jones & Fritz Ludin

Company: Sokolow Ensemble  
Venue: The Red Bean Studios  
Location: New York, NY

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Based on the dynamic heritage of the Humphrey/Limón tradition, internationally renowned master teachers Betty Jones and Fritz Ludin transmit their own individual ways of dance. Having taught legions of dancers with ethnic and cultural diversities around the globe, their curiosity inspires participants to search for their own individual roots. They conceive dance as poetry and an art form with Dionysian and Apollonian counterparts, where the sensation of weight versus suspension is being highlighted. Their mentor's voices of the body, the experience of gravitational momentum, and breaching of barriers, will be an integral part of the workshop.

3 week workshop: Monday-Friday 10-12 pm

June 2 - 6

June 9 - 13

June 16 - 20

Early bird discount available until April 30th.

one week: \$95

two weeks: \$185

three weeks: \$270

Full reimbursement, minus a \$20 handling fee, up to one week prior to starting date.

After May 1st

single class: \$22

5 class card : \$105

10 class card: \$210

15 class card: \$315

Visit [www.sokolowtheatredance.org](http://www.sokolowtheatredance.org) to register

Sokolow Ensemble  
320 West 37th Street Seventh Floor (between 8th-9th Ave)  
New York, NY, 10018  
<http://sokolowtheatredance.org/wordpress/?p=2733>

Schedule  
April 13, 2014: 8:00pm

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