

October, 7-18, 2019

## Humphrey-Limon workshop Jones-Ludin

Company: Sokolow Theatre Dance Ensemble  
Venue: Ballet Hispanico  
Location: New York, NY

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### 2-week Humphrey-Limon workshop

Based on the dynamic heritage of the Humphrey/Limón tradition, internationally renowned master teachers Betty Jones and Fritz Ludin transmit their own individual ways of dance. Gaining a philosophical and physical understanding of Doris Humphrey and José Limón's humanistic work; with Doris's emphasis on fall and recovery, her dichotomous use of dynamics in upper and lower extremities that brought drama and beauty to her dance, as well as Mr. Limón's "voices of the body."

October 7-18, 2019  
Mon-Fri, 11 am - 1 pm  
no class on Monday October 14/Columbus day

Sokolow Theatre Dance Ensemble  
167 West 89th Street, STUDIO 8  
New York, NY, 10024  
<https://sokolowtheatredance.org/humphrey-limon-workshop-fritz-ludin-betty-jones/>

Schedule  
October 7, 2019: 11:00am  
October 8, 2019: 11:00am  
October 9, 2019: 11:00am  
October 10, 2019: 11:00am  
October 11, 2019: 11:00am  
[more](#)

[< back](#)

[previous listing](#) • [next listing](#)