

December, 9-16, 2023

## In-Person Dance Composition/Choreography 101

Company: Anabella Lenzu/DanceDrama  
Venue: The DanceDrama Studio  
Location: Brooklyn, NY

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Dance Composition/Choreography 101

In-Person Workshop

by Anabella Lenzu

at The DanceDrama Studio,

L Train To Grand stop, Williamsburg, Brooklyn

Saturdays 11-2pm

December 9 & 16, 2023

No matter what technique or dance style your language is,

ALL are Welcome!

This workshop will give you the tools to create your own original dances, exploring the elements of composition, both for the stage as well as for dance films.

We will examine the creative process by learning how to take risks, transition from thinking to feeling to making artistic choices.

Through short in-class assignments and work outside of class, students will investigate both form and content in choreography.

Participants will create and perform solo studies based on choreographic problems.

We look not only at what you dance but also ask the question "Why do you dance?" Dance is the expressive medium of our heart, mind, and soul.

### Course Objectives

To understand choreographic elements and design.

To utilize movement exploration and improvisation to develop movement vocabulary.

To develop subject matter.

To identify choreographic forms.

To recognize choreographic styles.

To develop the skill to critically and articulately analyze a dance with an objective eye.

### TO APPLY:

Send resume to [info@AnabellaLenzu.com](mailto:info@AnabellaLenzu.com)

Please designate which workshop you are interested in.

Limited space!

<https://www.anabellalenzu.com/workshops>

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