

Thursday, September 7, 2017 - Thursday, May 31, 2018

## Int Limón Class at Peridance

Company: Limón Dance Company  
Venue: Peridance Capezio Center  
Location: New York, NY

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Intermediate Limón class led by a faculty of current and former members of the Limón Dance Company and artists affiliated with the Limón aesthetic. Classes are accompanied by live music. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company  
126 E 13th St  
New York, NY, 10003  
2127773353  
[http://limon.org/training/open\\_classes/](http://limon.org/training/open_classes/)

Schedule  
September 7, 2017: 1:00pm  
September 14, 2017: 1:00pm  
September 21, 2017: 1:00pm  
September 28, 2017: 1:00pm  
October 5, 2017: 1:00pm  
[more](#)

[< back](#)

[previous listing](#) • [next listing](#)