

August, 23-27, 2011

## Intensive Technique&Repertoire; Workshop

Company: NY2Dance  
Venue: Peridance Capezio Center  
Location: New York, NY

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Nejla Yatkin's™ Mosaic class begins with a thorough warm-up focused on strengthening, lengthening, and preparing the body for an investigation of movement possibilities. With a weighted approach, students explore exercises that redirect momentum in and out of the floor and up into the air. This cultivates a sense of ease that allows for an alert dancer, conscious of the body's™ architecture in off-balance, explosive, and suspended three-dimensional situations. Students also tackle improvisational problems, often using partnered work in dialogue with set phrasework to encourage spatially aware intuitive choice-making. At the base of this class is a joy of movement captured in a final dance that is a complex play of full-bodied potential through space. For more information visit [www.ny2dance.com](http://www.ny2dance.com)

NY2Dance  
126 East 13th Street  
New York, NY, 10003  
(212) 505-0886  
<http://www.peridance.com>

Schedule  
August 23, 2011: 10:00am  
August 24, 2011: 10:00am  
August 25, 2011: 10:00am  
August 26, 2011: 10:00am  
August 27, 2011: 10:00am

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