

FOR AUDIENCES

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Thursday, December 20, 2018 - Thursday, January 3, 2019

Intermediate Limón Class

Company: Limon Dance Company
Venue: Peridance Capezio Center
Location: New York, NY

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Join Limón at Peridance throughout the holidays!
Every Thursday, 1:00-2:30, Intermediate level, with live music.

Limón technique emphasizes the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness. It provides dancers with an organic approach to movement that easily adapts to a range of dance styles

Limon Dance Company
126 E.13th Street
New York, NY, 10003
http://limon.org/training/open_classes/

Schedule
December 20, 2018: 1:00pm
December 27, 2018: 1:00pm
January 3, 2019: 1:00pm

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