

OUR NEW YORK CITY DANCE

April 29 - May 28, 2024

Interpretive Improvisation Dance Class

Company: Kanami Kusajima Venue: Abrons Arts Center Location: New York, NY ► Share | Print | Download



Dinara Khairova

I am offering improvisation dance classes at Abrons Arts Center on Mondays, Tuesdays and Wednesdays!

Anyone is welcome regardless the amount of dance experience. Please sign up from here:

https://forms.gle/WrMYtZnHr38sWfN36

The purpose of my dance class is to be fluent in your own expression/language through dance movements.

Most part of the classes will be improvisastion/contemporary dance.

In many cases, the most challenging part of improvisation dance is not the movement itself, but the process of removing mental blocks that are preventing you from moving freely.

Therefore, I am committed here to providing a safe space to explore your own movements, and I am happy to assist you in finding your unique way of dancing through my classes.

Please let me know if you have any questions.

I hope to see you in the studio!

Email: kanamikusajima@gmail.com

Kanami Kusajima 466 Grand St New York, NY, 10002 Schedule April 29, 2024: 10:00am May 1, 2024: 10:00am May 6, 2024: 10:00am, 6:30pm May 7, 2024: 6:30pm

< back

previous listing • next listing