

FOR AUDIENCES

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Sunday, February 12, 2023

Into-You-I-See Workshop (FREE)

Company: Steli Dance company
Location: New York, NY[► Share](#) | [Print](#) | [Download](#)

Into-You-I-See is back! February is about self-love, so we are providing this session for FREE! Join us in this human connection movement workshop focusing on choreography-building through physical emotional responses. Designed for non-dancers and dancers.

Self Love
February 12th 2-4pm
Downtown Manhattan (location confirmation after RSVP)
FREE

About the workshop:

A play on the word "intimacy," Into-You-I-See is a human connection movement workshop focusing on choreography-building through physical responses during uncomfortable and deeply emotional moments. This collaborative workshop explores the language of movement and the unspoken interpretation of self, our subconscious. We use listening exercises as the foundation for this workshop.

We will be using the "We're Not Really Strangers" card deck, a card game created to deepen existing relationships and create new ones.

Please dress comfortably. Option to be barefoot or wear socks.

Designed for non-dancers and dancers

Steli Dance company
Downtown Manhattan
New York, NY, 10009
<https://www.stelidance.org/event-details/into-you-i-see-workshop-self-love-1>

Schedule
February 12, 2023: 2:00pm

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