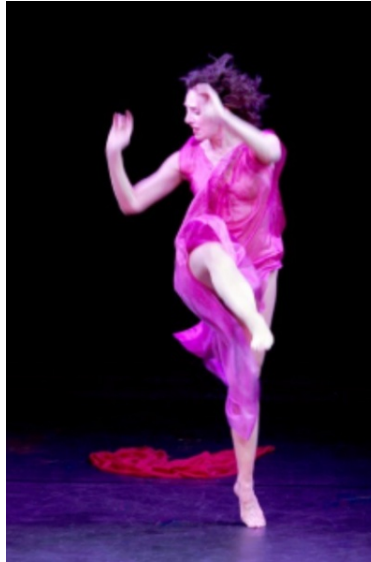


January 6 - December 28, 2016

## Isadora Duncan Modern Dance

Company: McBurney YMCA  
 Venue: McBurney YMCA  
 Location: New York, NY

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The Isadora Duncan dance technique, as taught by world-renowned Duncan authority Lori Belilove, is a beautiful, free flowing art form perfect for all ages.

The workshops begin on the floor with fluid warm-up movements and breathing exercises, then progress to standing and moving through a series of Duncan movements that expand upward and outward to flow through the entire body. Particular attention will be paid to the musicality within the Duncan tradition as the students accomplish skips, runs, leaps, polkas, and waltzes. All of the classes include a creative time for improvisation. For further information contact David Johnson at 212-912-2323 or [djohnson@ymcanyc.org](mailto:djohnson@ymcanyc.org).

McBurney YMCA  
 125 W 14th Street  
 New York, NY, 10011  
 212-912-2323  
<http://www.ymcanyc.org/mcburneydance>

Schedule  
 June 6, 2016. 8:00pm

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