

January, 6-10, 2020

## JENNIFER MULLER/THE WORKS WINTER INTENSIVE 2020

Company: Jennifer Muller/The Works  
Venue: Jennifer Muller/The Works  
Location: New York, NY

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Paula Lobo

JENNIFER MULLER / THE WORKS WINTER INTENSIVE  
JANUARY 6-10, 2020 | 10AM-3:00PM  
WITH PERFORMANCE ON JANUARY 10, 2020 | 7:30-10:00PM

DIVE INTO THE MULLER POLARITY TECHNIQUE AND JMTW REPERTORY THIS WINTER!

Exclusive opportunity to train with the iconic female choreographer Jennifer Muller in her unparalleled Muller Polarity Technique, while delving into selections of the expressive and virtuosic Muller repertory taught by Muller and company members.

### Winter Intensive Class Schedule

Monday - Friday, January 6-10	Friday, January 10
10:00AM-11:45AM: Muller Polarity Technique	6:00PM-10:00PM: Tech and Performance in HATCH
12:00PM-1:30PM: JMTW Repertory Workshop	
1:30PM-3:00PM: Performance Skills Workshop	

### Muller Polarity Technique

JMTW's Winter intensive is anchored in Jennifer Muller's internationally-renowned pedagogy: The Muller Polarity Technique, a highly-developed technique sourced from Eastern philosophy and concepts. Muller is one of the only choreographers of her generation to have developed a personalized technique. Her unique approach is known to increase technical skill, introduce the concept of both freedom and control in movement, transform tension into energy, and prevent injury through the holistic use of the body as a living instrument. TanzPlan Berlin chose Muller Polarity Technique as one of 7 unique contemporary dance techniques for its publication/DVD Tanztechnik 2010. Winter Intensive dancers will take class in Muller Polarity Technique every day from 10am-11:45pm, taught by Muller herself, JMTW Artistic Council member John Brooks, and JMTW Company Members.

### JMTW Repertory Workshop

Winter Intensive dancers will learn and rehearse selections of the dynamic Muller repertory taught by Muller and company members in an atmosphere of enthusiasm and support. The dancers rehearse repertory in a professional environment with the aim of performing work in HATCH, a culminating studio showing on Friday, January 10th. This showcase will allow dancers to perform JMTW repertory, alongside 6 other emerging and established choreographers of NYC, and will conclude with a discussion about the preservation of live dance in New York City and beyond. Workshops will take place at The Works Studio from 12:00-1:30 every weekday. Winter Intensive Dancers must be available from 6-10:00pm on Friday January 10th if they wish to participate in the performance at 7:30pm.

### Performance Skills Workshop

A defining quality of Jennifer Muller's choreography lies in the fusion of dance and theater. She has long been recognized as a "seminal influence on dance/theater", a reputation earned through her integration of clear emotive expression and technical virtuosity in choreography. In the Performance Skills Workshop, dancers will go through a series of "on-your-feet" exercises designed to increase solo performance awareness, emotional communication, comfort "in one's skin," clarity of intention and development of "charisma". This process is designed to reveal each performer as a distinct individual, with the aim of creating and refining a compelling stage presence in all Winter Intensive participants. Workshops will take place each weekday, 1:30-3:00pm.

Registration: \$400 Tuition (Includes a \$50 Registration Fee).

Early Bird (Register Before November 10th): \$350 (Includes \$50 Registration Fee).

*The Winter Intensive is open to all pre-professional and professional dancers. JMTW's intensive offerings are best suited for dancers who have comprehensive training in contemporary dance.*

Due to space limitations, intensive is capped at 30 students. You must be 18 years of age to participate. Registration on a first-come, first-serve basis, but closes on January 2nd, 2020.

#### ABOUT THE COMPANY

JENNIFER MULLER / THE WORKS is celebrating its 45th Anniversary, presenting the unique spirit of its performances to world audiences, educating youth and serving the community with vital outreach. Applying a multidisciplinary technique that weaves dance, theater and visual arts, the company creates dances that illuminate the human spirit. The Works has electrified world audiences in 39 countries on four continents, 30 states in the US and produced 27 New York Seasons at City Center, the Joyce and New York Live Arts among others. JMTW has performed at major theaters and festivals worldwide, from Buenos Aires to Toronto and Hong Kong to Moscow with appearances in Paris, Rio de Janeiro, Shanghai, Tel Aviv, Montreal and Rome, to name a few. In 2017, JMTW conducted a three-city tour to China including the National Performing Arts Center in Beijing. JMTW reaches out to new audiences in the belief that dance can promote cross-cultural understanding and act as a catalyst for positive change. In the US, the company's appearances include Jacob Javits, Lincoln and Kennedy Centers, the David H. Koch, Avery Fisher and Ailey Citigroup Theaters, the Bryant Park, Battery Park, Central Park Winterstage and Fire Island Festivals and the United Nations. Devoted to mentoring creativity in all its forms, The Works conducts programs for all ages, cultures and backgrounds, teaching professionally-oriented students through its Scholarship/Apprentice and University Residency/Commissioning Programs, mentoring choreographers through its presenting series HATCH, fostering arts awareness through its arts-in-education programs in the NYC Public Schools and teaching workshops worldwide. The Works' education programs reach over 4,000 professional dancers and city youth and mentor 50 choreographers annually. Over the last few years, students have performed Muller's work at the University of Iowa, Long Island University/Brooklyn, Jacksonville University, FL, Central Connecticut State University and LaGuardia Arts and conducted residencies in California, Virginia and Brazil. Alumni continue to bring Muller Polarity Technique to new generations of dancers, establishing accredited dance programs in the US, Europe, South America and Japan.

#### ABOUT JENNIFER MULLER

JENNIFER MULLER, JMTW Artistic Director and Founder, has been an influence in the dance world for over 50 years, is known for her visionary approach and innovations in dance/theater, multi-discipline productions incorporating the spoken word, live and commissioned music, media, artist-inspired decor and unusual production elements. Muller has created over 118 pieces, including seven full evening productions, collaborating with such artists as Keith Haring, Keith Jarrett, Yoko Ono and Jeff Croiter. Muller is recognized as a "seminal influence on dance/theater." Her prolific career has led to recent honors: Fortaleza's 2010 Trophy of Cultural Responsibility and a 2011 American Masterpieces: Artistic Genius Grant, UCSB conference and exhibit and the publication Transformation & Continuance: Jennifer Muller and the Reshaping of American Modern Dance, 1959 to Present. An internationally renowned teacher and mentor of creative talent, Muller has developed a personalized technique informed by Eastern philosophy. TanzPlan Berlin chose Muller Polarity Technique as one of seven unique contemporary dance techniques for its publication/DVD Tanztechnik 2010. Creating and re-staging pieces for 26 international repertory companies in nine countries, her commissions include Alvin Ailey American Dance Theater, Tanz-Forum Köln, Lyon Opera Ballet, Bat Dor, Ballet Jazz de Montreal, Ballet Contemporaneo, Nederlands Dans Theater, NDT3 and Introdans in The Netherlands. An award-winning choreographer, Muller's choreography for theater/opera productions include The Public Theater, 2nd Stage Theater, NY Stage & Film, and the New York City Opera. In 2011, she choreographed the new musical The Spiral Show in China. Muller is currently re-staging her 2015 piece Miserere Nobis on both Introdans in The Netherlands and UC/Santa Barbara, both to be premiered in early 2020. Her most recent work The Theory of Color, which premiered at New York Live Arts this past June, received overwhelming acclaim: "a dynamic, riveting work."

Above all, dance has been Ms. Muller's passion and creative voice since she was a child. Creating pieces since age seven, she danced professionally at age 15 with the Pearl Lang Dance Company followed by nine years as Principal Dancer with the José Limon Company [while graduating from the Juilliard School] and seven years as Associate Artistic Director of the Louis Falco Dance Company. Now, a result of years of productive creativity, her work has been seen on stage & television in 45 countries.

RESERVE YOUR SPOT NOW! [Winter Intensive 2020 Registration](#)

For more information, please contact General Manager Katy Neely: [kneely@jmtw.org](mailto:kneely@jmtw.org)

Jennifer Muller/The Works  
131 W 24th Street 4th Floor  
New York, NY, 10011  
212-691-3803

<https://www.accelevents.com/e/JenniferMullerTheWorksWinterIntensive2020>

#### Schedule

January 6, 2020: 10:00am  
January 7, 2020: 10:00am  
January 8, 2020: 10:00am  
January 9, 2020: 10:00am  
January 10, 2020: 10:00am

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