

January 28 - February 8, 2013

John Jasperse - Movement Practice

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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The class will begin with an anatomy focused warm-up, drawn from both traditional and recent techniques, aiming to align and re-pattern the energy flow in the body in order to find support from the floor and our connection into space. 10am-12pm. Classes are \$14 each.

Movement Research
537 Broadway (between Prince & Spring Streets) 4th Floor
New York, NY

Schedule
January 28, 2013: 10:00am
February 1, 2013: 10:00am
February 8, 2013: 10:00am

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