

Saturday, July 19, 2025

Jump! Afrobeats Fitness with Judith McCarty

Company: AILEY
Venue: Ailey Extension
Location: New York, NY

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Join Judith McCarty at Ailey Extension for an energizing fitness class that blends vibrant Afrobeats rhythms with fun, high-intensity dance workouts. No dance or fitness experience needed—just bring your energy and get ready to sweat.

AILEY
405 W 55th Street
New York, NY, 10019
<https://ailey.org/events/afrobeats-fitness>

Schedule
July 19, 2025: 3:30pm

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