

September 15 - December 15, 2012

## Karl Anderson - Skinner Releasing Technique (Ongoing level)

Company: Movement Research  
Venue: Randy Warshaw Studio  
Location: New York, NY

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Skinner Releasing is an imagery based movement experience that circumvents resistance while enhancing ease and healing. 10am-1pm.  
Classes are \$14 each.

Movement Research  
115 Wooster Street (between Prince & Spring Streets) 2F  
New York, NY

### Schedule

September 15, 2012: 10:00am  
September 22, 2012: 10:00am  
September 29, 2012: 10:00am  
October 6, 2012: 10:00am  
October 20, 2012: 10:00am

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